



## HOW TO MAKE A SALT WATER CURE

A Salt Water Cure is a traditional Chinese cure used to remedy the negative effects of Flying Stars, the most threatening of the Stars bringing major bad luck and obstacles. Flying Star 2 is the illness Star. It is said that a Salt Water Cure absorbs the negative energy created by these Stars. For the best results to appease these negative Flying Stars, use the Salt Water Cures with other Metal cures such as a Brass Pagoda for Flying Star 5, and a Health Gourd for Flying Star 2.

### Items you need to make a Salt Water Cure

- Rock salt (such as Saxa)
- A glass or jar
- A small plate or mat
- Six Chinese coins
- Water

### Making a Salt Water Cure

- Step 1.** Place your glass or jar onto the small plate or mat
- Step 2.** Fill your glass or jar with salt  $\frac{3}{4}$  full
- Step 3.** Place the six Chinese coins on top of the salt in a circle; place coins with the four Chinese characters facing up
- Step 4.** Fill with water to above salt level
- Step 5.** Place in your desired location



*Your Salt Water Cures will start to look like this after a few weeks*

### IMPORTANT TO NOTE

- Size of glass or jar must be at least pint size
- All Salt Water Cures will need to be thrown out in their entirety; *do not* use good glassware and plates – *do not* clean the items and reuse them
- They should be left open and uncovered
- They can be hidden such as behind a sofa, a décor object, a screen, or a plant, however, ensure you have easy access to them
- Ensure they cannot be tampered with by children and pets
- You will need to continuously add water to your Salt Water Cures – just like plants, please keep an eye on them
- They will change in appearance over time, the salt will crystallise around the glass
- They will need to be discarded at Chinese New Year, with new ones made and placed where Flying Stars 5 and 2 have moved to in the new Chinese year
- When discarding them, wrap them entirely in newspaper and place in bin.



*Depending on how much negative energy there is in the room, your Salt Water Cures could end up looking like this. If they look like this after 6 months' time, make new ones!*